



Quality Care Connections



WINTER 2021 TRAINING BULLETIN

In response to the challenges presented by the pandemic, Quality Care Connections is continuing to provide a variety of options for you to obtain training hours this term. Recognizing many people are facing financial hardship at this time, we are offering these trainings at a reduced rate. Please register for individual and extended learning classes at <https://reg125.imperisoft.com/QualityCareConnections/Search/Registration.aspx> If you need help with registration, contact us at qualitycareconnections@lanec.edu or at 541-463-3300. For more information on registering for classes, core knowledge categories, or about training requirements, please see the last page.

INDIVIDUAL WEBINARS

Title and Instructor	Date/Time	Hours	CKC*	Set	Description	Cost
Examining Challenges for Children with Activated Stress Response and Calming Strategies Using All 5 Senses <i>Aoife Magee</i>	Wednesday, January 27, 6:00-9:00 p.m.	3 hours	HGD	Set Two	Participants in this training will examine the common challenges of stress and overstimulation experienced by adults and children. We will explore states of arousal and the “fight, flight, or freeze” response and how to move back into productive states of activity when triggered. Hands-on activities will allow attendees to explore a variety of strategies that can effectively be used to calm overactive minds and bodies by targeting all five senses. <i>All ages.</i>	\$20
Relationship Dynamics: Building Skills and Behavior for Positive Social Connections <i>Aoife Magee</i>	Saturday, February 13, 9:00 a.m.-12:00 p.m.	3 hours	UGB	Set Two	Participants will explore common challenges in negative relationship dynamics and the skills and prosocial behaviors needed to create healthier social exchanges through problem solving, communication, and connection. Strategies based upon theories and research related to psycho-social stages, attachment, parenting/teaching styles, and relationship dynamics will be examined to promote healthy development and relationships from early childhood to adulthood. <i>Infant/toddler, preschool.</i>	\$20
Crucial Conversations with Parents <i>Josh Lutje</i>	Thursday, February 18, 6:30-8:30 p.m.	2 hours	FCS	Set One	It’s time to have the chat, you know the one. This class will help you formulate a plan and be able to have the skills to navigate difficult conversations with parents. <i>All ages.</i>	\$10

Title and Instructor	Date/Time	Hours	CKC*	Set	Description	Cost
Nurturing Connections <i>Aoife Magee</i>	Tuesday, February 23, 6:00-9:00 p.m.	3 hours	FCS	Set Two	In this workshop, participants will examine how our early relationships and environments shape the way we relate to others, effective strategies to teach children connection, and a strength-based approach for supporting diverse families in our communities. <i>All ages.</i>	\$20
Asset-Rich Consequences <i>Josh Lutje</i>	Wednesday, March 10, 6:30-8:30 p.m.	2 hours	HGD	Set One	You've tried redirection and PBIS (Positive Behavioral Interventions and Supports), but you're now down to handing out consequences for bad behavior. This class will help you understand natural consequences and how to hand them out in a way that will have a positive impact. <i>All ages.</i>	\$10
Nurturing Emotions <i>Aoife Magee</i>	Thursday, March 18, 6:00-9:00 p.m.	3 hours	UGB	Set Two	In this workshop, participants will examine how "meta-emotions" shape the way we handle feelings, effective strategies to teach children about emotions, and apply the five basic steps of Emotional Coaching. <i>All ages.</i>	\$20

EXTENDED LEARNING SERIES:

Beyond Theories of Early Childhood (Set 3)

Title and Instructor	Date/Time	Hours	CKC*	Set	Description	Cost
Beyond Theories of Early Childhood: Session 1 <i>Alexandra Curtis</i>	Saturday, January 23, 9:00 a.m.-2:00 p.m.	5 hours	HGD	Set Three	Have you learned all you can from major child development theorists? Join us to analyze child development theory and transform your understanding of early childhood education. This in-depth training balances active learning, reflective discussion, and out of classroom work to help you make meaningful connections between your work and major theories of development. We will cover the theories of Dewey, Montessori, Erikson, Piaget, and Vygotsky. Class attendees should expect to spend 15 hours in three separate online webinars plus 10 hours in self-study. <i>Infant/toddler, preschool.</i>	<p>Cost: \$75 (With \$100 approved scholarship. Click here to apply.)</p> <p>Cost includes: Book, binder, flash drive, and \$50.00 classroom incentive materials</p>
Beyond Theories of Early Childhood: Session 2 <i>Alexandra Curtis</i>	Saturday, February 13, 9:00 a.m.-2:00 p.m.	5 hours	HGD	Set Three		
Beyond Theories of Early Childhood: Session 3 <i>Alexandra Curtis</i>	Saturday, February 27, 9:00 a.m.-2:00 p.m.	5 hours	HGD	Set Three		

EXTENDED LEARNING SERIES:

Developing ECE Settings to Support Students with Autism and Other Developmental Delays (Set 2)

Title and Instructor	Date/Time	Hours	CKC*	Set	Description	Cost
Supporting Students with Autism: Part 1 <i>Brenda Hancock</i>	Tuesday, February 9, 4:00-6:00 p.m.	2 hours	SN	Set Two	This training provides early childhood education staff with the knowledge to develop classrooms that support children with autism through the implementation of research-based strategies. Topics include examining learning characteristics of autism, positive behavioral strategies, and techniques to promote social and language skills. This workshop provides examples of evidence-based practices that can be immediately implemented in classrooms. <i>All ages.</i> Please note: This class has been offered previously as a Set One training. You must attend all 3 sessions in order to receive a training certificate.	Free
Supporting Students with Autism: Part 2 <i>Brenda Hancock</i>	Wednesday, February 10, 4:00-6:00 p.m.	2 hours	SN	Set Two		
Supporting Students with Autism: Part 3 <i>Brenda Hancock</i>	Thursday, February 11, 4:00-6:00 p.m.	2 hours	SN	Set Two		

EXTENDED LEARNING SERIES:

Cooking Matters for Childcare Professionals (Set 1)

OSU Extension Service's Nutrition Education program is offering free nutrition education webinars designed for child care professionals serving primarily low-income families. Taught by nutrition educators, the seven-class series will teach you how to prepare healthy meals and create a healthy food environment for the kids in your care. Classes are 60-120 minutes long. Three classes will be offered this winter, and four classes will be offered in spring. Register for individual winter term classes or for all seven classes now. (Registration for individual spring term courses will begin March 29.) Participants that register for the full series *and attend* all seven classes will earn a special incentive following the last class.

Title and Instructor	Date/Time	Hours	CKC*	Set	Description	Cost
Creating Positive Mealtime Attitudes	Monday, February 8, 6:30-8:30 p.m.	2 hours	HSN	Set One	Child care providers will recognize their role in establishing healthy attitudes and behaviors towards food among the children in their care. <i>All ages.</i>	Free
Safe Cooking with Confidence	Monday, February 22, 6:30-7:30 p.m.	1 hours	HSN	Set One	Child care providers learn to safely prepare more scratch-cooked meals for the children in their care. <i>All ages.</i>	Free
Choosing Healthy Foods for Kids	Monday, March 8, 6:30-8:30 p.m.	2 hours	HSN	Set One	Providers learn to make smart choices about the foods they serve to kids through hands-on nutrition-based activities. <i>All ages.</i>	Free
Meal Appeal (Registration begins 3/29)	Monday, April 5 6:30-7:30 p.m.	1 hour	HSN	Set One	Providers will take part in hands-on activities that show them various healthy ways to encourage acceptance of healthy food among children in their care. <i>All ages.</i>	Free
Menu Management on a Budget (Registration begins 3/29)	Monday, April 19, 6:30-7:30 p.m.	1 hour	HSN	Set One	Child care providers will discuss menu planning and shopping strategies they can use to make the most of their food dollars. <i>All ages.</i>	Free
Partnering with Parents on Healthy Eating (Registration begins 3/29)	Monday, May 3, 6:30-7:30 p.m.	1 hour	HSN	Set One	Providers will learn tools for communicating with parents and staff about best practices for feeding and how to sustain those practices through setting healthy food policies. <i>All ages.</i>	Free
Cooking Matters at the Store (Registration begins 3/29)	Monday, May 17, 6:30-7:30 p.m.	1 hour	HSN	Set One	Providers will learn to get the most nutrition within their budget by engaging them to practice food shopping skills to make healthy and affordable choices at the supermarket. <i>All ages.</i>	Free

STATEWIDE CCR&R INDIVIDUAL WEBINARS

These webinars were developed by our Child Care Resource and Referral partners around the state and are being made available to the Lane County child care community during the Covid-19 pandemic. Please note the following expectations for these courses:

- **You may only register for these webinars through the child care resource and referral agency in the county in which you live.**
- After registering, you will receive a confirmation email containing information about joining the Zoom webinar.
- There is a grace period of just fifteen minutes. Credit or partial credit will not be given if you log in late or leave early.
- Attendees are expected to participate in the training through the chat box, polls, verbally (if possible), and by filling out the course evaluation,
- Handouts will be sent to all participants after the training ends.

Please register for the trainings below at <https://reg125.imperisoft.com/QualityCareConnections/Search/Registration.aspx> If you need help with registration, contact us at qualitycareconnections@lanecc.edu or leave a message at 541-463-3300 and we will call you back as soon as possible.

Title and Instructor	Date/Time	Hours	CKC*	Set	Description	Cost
Introduction to the Environment Rating Scales <i>Ami Russel</i>	Thursday, January 7 6:00-8:00 p.m.	2 hours	OA	Set One	What are the Environment Rating Scales (ERS), and how are they being used in Oregon's Spark? This introductory training will include discussion of the three basic needs of children addressed in the ERS, an opportunity to explore the scales, and an overview of how the assessments will be used to support continuous quality improvement. <i>No age-related content.</i>	Free
Fostering Language Development <i>Courtney Bowen</i>	Monday, January 11 6:00-9:00 p.m.	3 hours	HGD	Set Two	Participants will develop a deeper understanding of the links between children's language development and its relationship to their thinking; explore strategies for developing listening and speaking skills throughout the day; and examine ways to promote children's language and thinking through good literature. <i>Preschool.</i>	\$20
Reopening, Reentering, and Reengaging: Building Relationships <i>Kelley Lawson</i>	Tuesday, January 19 6:00-9:00 p.m.	3 hours	PM	Set Two	It's time to welcome back your children, families, and staff! Let's share and explore some strategies to reconnect, build our program communities, and reestablish consistent routines and schedules. <i>No age-related content.</i>	\$20
Zoom Training <i>Guadalupe Nolasco Garcia and Ilian Morales Ruiz</i>	Thursday, January 21 6:00-8:00 p.m.	2 hours	PPLD	Set One	We will be offering a support training with the ZOOM program. As many of you already know, ZOOM is a new program that we use to provide our trainings online. Our goal is to provide you with more support and understanding with the online program and trainings. During this training we will be discussing emails, training links, and how to use the ZOOM program. In the end we will have time to support each individual who needs additional help. <i>No age-related content.</i>	Free

Title and Instructor	Date/Time	Hours	CKC*	Set	Description	Cost
Influences of Culture on Parenting Styles <i>Tammy Marino</i>	Tuesday, January 26 6:00-9:00 p.m.	3 hours	FCS	Set Two	Cultural differences include differences in parenting styles and child rearing practices and can be difficult to navigate. In this session we will explore the influences of culture in different aspects of parenting. We also develop strategies for supporting and honoring the strengths families with diverse cultural backgrounds. <i>Preschool.</i>	\$20
Observing, Screening and Assessing in your Classroom in Culturally Sensitive Ways that Engage Parents <i>Jenna Sanders</i>	Monday, February 1 6:00-9:00 p.m. <i>Rescheduled from Fall 2020</i>	3 hours	OA	Set Two	Examine tools to screen and assess children's progress. Explore ways to communicate those developmental goals and standards with parents in culturally sensitive ways that support their knowledge of child development. Develop skills to observe classrooms and children to identify unmet needs and opportunities for skill development. <i>Infant/toddler, preschool.</i>	\$20
Implementing the Environment Rating Scales: Space and Furnishings <i>Marina Meaney and Bertha Camacho</i>	Thursday, February 4 6:00-8:00 p.m.	2 hours	LEC	Set Two (Pending)	What are quality early learning practices based on the Environment Rating Scales (ERS)? In this intermediate series (part 1 of 6), we'll explore why the subscale practices of Space and Furnishings are important for children. We'll examine key items, terms, and concepts as well as focus on sharing strategies for implementing these program practices to support children's development. <i>Infant/toddler, preschool.</i>	Free
Teaching Routines to Your Preschoolers <i>Minaz Chauthani</i>	Wednesday, February 10 6:00-9:00 p.m.	3 hours	UGB	Set Two	Create routines to support children's developmental stages. Examine the importance of creating independence. Explore strategies and charts that motivate and inspire a child's curiosity and desire to help. <i>Preschool.</i>	\$20
Planning for Development with Mixed Age Groups <i>Dani Stamm-Thomas</i>	Tuesday, February 16 6:00-9:00 p.m.	3 hours	LEC	Set Two (Pending)	This training will explore strategies to plan developmentally appropriate activities for mixed age groups. We will cover implementing activities that can be scaled and individualizing for each child's needs as well as structuring the environment for everyone's benefit. <i>Infant/Toddler/Preschool/School.</i>	\$20
Exploring Science & Engineering with Ramps and Pathways: Science & Engineering Fun in Early Childhood! <i>Cindy Ryan</i>	Monday, February 22 6:00-9:00 p.m. <i>Rescheduled from Fall 2020</i>	1.5 hours 1.5 hours	LEC HGD	Set Two	Join a fun and interactive workshop where we will discuss how to teach science and engineering concepts while playing with ramps and pathways. The presenter will share a variety of materials, and children's books as a way to teach this subject in a fun way. You will leave this session with a list of materials, ideas and resources and create your own activities. <i>Preschool, school-age.</i>	\$20

Title and Instructor	Date/Time	Hours	CKC*	Set	Description	Cost
<p>Exploring Mental Health Strategies to Support Providers During Critical and Uncertain Times: Helping Myself, Helping Others</p> <p><i>Courtney Bowen</i></p>	<p>Thursday, February 25 6-9 p.m.</p>	<p>3 hours</p>	<p>PPLD</p>	<p>Set Two (Pending)</p>	<p>In this session, providers will explore Theories of Mental Health, explore the different levels of stress and trauma, examining strategies to manage or deal with it, and develop the ability to support children, families, and staff beyond COVID-19. <i>No age-related content.</i></p>	<p>\$20</p>
<p>Implementing the Environment Rating Scales: Personal Care Routines</p> <p><i>Candi Scott and Ana Moran Diaz</i></p>	<p>Thursday, March 4 6-8 p.m.</p>	<p>2 hours</p>	<p>HSN</p>	<p>Set Two</p>	<p>What are quality early learning practices based on the Environment Rating Scales (ERS)? In this intermediate series (part 2 of 6), we'll explore why the subscale practices of personal care routines are important for children. We'll examine key items, terms, and concepts as well as focus on sharing strategies for implementing these program practices to support children's development. <i>Infant/Toddler/Preschool.</i></p>	<p>Free</p>
<p>Appropriate Use of Classroom Adaptations</p> <p><i>Lauren Josi</i></p>	<p>Thursday, March 11 6-9 p.m.</p>	<p>3 hours</p>	<p>SN</p>	<p>Set Two (Pending)</p>	<p>Weighted items, visual schedules, flexible seating and other classroom adaptations are helpful when used appropriately. This session will explore the proper use and function of many classroom adaptations so that teachers and providers can feel confident in choosing and applying them in their program. <i>Preschool, school-age.</i></p>	<p>\$20</p>
<p>Dollar Store Science and Engineering for the EC Classroom</p> <p><i>Cindy Ryan</i></p>	<p>Monday, March 15 6-9 p.m.</p>	<p>1.5 hours 1.5 hours</p>	<p>LEC SN</p>	<p>Set Two</p>	<p>Creating fun and developmentally-appropriate science and engineering activities in early childhood shouldn't cost an arm and a leg. Join an interactive session where we will use items bought at the Dollar Store to create fun and appropriate activities for young children in your learning environment. Leave this session with a toolbox of activities, resources, book, and more. <i>Preschool, school-age.</i></p>	<p>\$20</p>

ONLINE SAFETY SET CLASSES

Title	Hours	CKC*	Set	Description	Cost	To Register
Recognizing and Reporting Child Abuse and Neglect	2 hours	HSN	Set One	This class helps you learn the process for reporting incidents of child abuse or neglect. <i>No age-related content.</i>	Free	<p>Please click on this link: https://www.lanec.edu/gcc/provider-training</p> <p>Click one of these links to see which classes you are required to take: Family Child Care Child Care Center</p>
Introduction to Child Care Health and Safety	2 hours	HSN	Set One	This class provides basic health and safety training for child care providers in Oregon. <i>No age-related content.</i>	Free	
Prevention is Better Than Treatment	1 hour	HSN	Set One	This training addresses how to prevent, reduce and respond to childhood illnesses and food allergies in child care. <i>No age-related content.</i>	Free	
Safe Sleep for Oregon's Infants	1 hour	HSN	Set One	In this course, learn about safe sleep practices and to identify and prevent risks to the babies in your child care program. <i>Infant/toddler.</i>	Free	
Food Handler's Card	2 hours	HSN	Set One	The course teaches basic understanding of critical food safety concepts to keep children safe from harm. <i>No age-related content.</i>	Free	

INTRODUCTION TO FAMILY CHILD CARE

Title and Instructor	Date/Time	Hours	CKC*	Set	Description	Cost	To Register
Introduction to Registered Family Child Care Part 1	On your own time	1 hour	PM	Set One	This online class introduces you to the requirements for becoming a registered family child care provider. <i>No age-related content.</i>	Free	Click on this link: http://campus.educaduium.com/OCCD/
Introduction to Registered Family Child Care Part 2	Saturday, January 23, 9:00 a.m.-12:00 p.m. -or- Thursday, March 4, 6:00-9:00 p.m.	3 hours	PM	Set One	Part Two is a webinar you must attend <i>after</i> completing Part One. This free class provides a rule book, resources to help you be successful, information about Child Care Resource & Referral, and more. *You must pre-register. <i>No Age-related content.</i>	Free	Register for this training at: https://reg125.imperisoft.com/QualityCareConnections/Search/Registration.aspx
<i>Danielle Cunningham</i>							

DHS ORIENTATION

Title and Instructor	Date/Time	Hours	CKC*	Set	Description	Cost	To Register
DHS Orientation <i>Danielle Cunningham</i>	Wednesday, January 20 6:30-8:30 p.m. -or-	2 hours	PM	Set One	This class helps you understand the Department of Human Services listing and billing process and how to become eligible for the Enhanced Rate. <i>No age-related content.</i>	Free	To register, visit: https://reg125.imperisoft.com/QualityCareConnections/Search/Registration.aspx
	Tuesday, February 9, 6:30-8:30 p.m. -or-						
	Saturday, March 13, 9:00-11:00 a.m.						

INFANT/CHILD CPR AND FIRST AID

Online-only CPR/First Aid training will be accepted through July 2021 for both new and renewing providers. Quality Care Connections can arrange for your online CPR/First Aid class through Medic First Aid. The cost of this class is now \$15. For more information from the Office of Child Care regarding CPR/First Aid training options, click [here](#).

Title and Instructor	Date/Time	Hours	CKC*	Set	Description	Cost	To Register
Online Only Portion of the Hybrid CPR/First Aid Class <i>Medic First Aid</i>	On your own time	3 hours	HSN	Set One	This online course provides training in the basics of pediatric and adult first aid and CPR.	\$15	Email qualitycareconnections@lanecc.edu or call 541-463-3300.

REGISTRATION AND TRAINING INFORMATION

Child Care Training Requirements

- For training requirements for staff that work in licensed Certified or Registered Family Child Care or in a Certified Child Care Center, visit the Oregon Learning Division website at <https://oregonearlylearning.com/providers-educators/become-a-provider/licensed-childcare/#rfresources>
- For training requirements for license-exempt DHS subsidy providers, visit the Department of Human Services website at <https://www.oregon.gov/DHS/ASSISTANCE/CHILD-CARE/Pages/Provider-Listing.aspx>

Oregon Registry

- For information about the Oregon Registry, such as how to enroll, submit training certificates, or apply for a step increase, visit the Oregon Center for Career Development in Childhood Care and Education at: <https://www.pdx.edu/education-career-development/oregon-registry-educators>
- To see your Professional Development Statement and the training certificates that have been submitted to ORO, please visit: <https://my.oregonregistryonline.org/>
- To view Oregon Registry Step requirements, visit: https://drive.google.com/file/d/1gfgV5p2nuXue87FSi1gP2xiSPWSpv_4z/view

*Oregon Registry Core Knowledge Category Abbreviations

DIV: Diversity

FCS: Families & Community Systems

HGD: Human Growth & Development

LEC: Learning Environments & Curriculum

OA: Observation & Assessment

SN: Special Needs

UGB: Understanding & Guiding Behavior

HSN: Health, Safety & Nutrition

PPLD: Personal, Professional & Leadership Development

PM: Program Management

Set One, Set Two, and Set Three Explanation

The “Sets” are a progression of increased depth and breadth of knowledge within each Core Knowledge Category. Each set provides increased knowledge and how to place that knowledge into practice in professional work. Set One is introductory, Set Two is intermediate, and Set Three is advanced. College course credits are considered Set Two or Three. To move beyond Step 7 in the Oregon Registry, college course credit or Set Two or Three classes are required.