

### Who should I refer?

Refer anyone who you believe may be experiencing the early signs of psychosis. If a person is having new, significant and worsening difficulties in several of the following areas, call for a consultation:

#### *Reduced performance*

- Trouble speaking or understanding what others are saying
- Becoming easily confused
- Attendance problems related to fearfulness

#### *Behavior changes*

- Extreme fear for no apparent reason
- New, bizarre beliefs
- Extreme social withdrawal
- Decline in hygiene
- Dramatic changes in sleep

#### *Perceptual changes*

- Fear that others are trying to hurt them
- Heightened sensitivity to sights, sounds, smells or touch
- Making statements like "my brain is playing tricks on me"
- Hearing voices or other sounds that others don't
- Racing thoughts

### PeaceHealth Young Adult Behavioral Health Services

*Service philosophy.* We believe that recovery is achievable by all participants, and that each individual should be empowered to develop goals that reflect their own concept of recovery.

*Program services.* Services include outreach and engagement, specialized assessment, counseling/therapy, prescriber services, nursing, therapy and activity groups, multi-family groups, family support, vocation/education services, peer support services, community education, and occupational therapy. Services are provided in community based settings.

*Trans-disciplinary team.* Services are delivered by a diverse and dedicated team of providers including medical professionals, counselors, occupational therapists, peer support specialists, and vocation/education specialists. These team members work together across disciplines to create a program uniquely designed for each participant.

### What should I do if someone is experiencing these changes?

Our services are provided in community-based settings. A clinician can come meet with the family at school, home, or any other location.

If you would like to learn more about PeaceHealth or would like to make a referral, please contact:

**PeaceHealth  
Behavioral Health  
Young Adult Services**  
1200 Hilyard Street,  
Suite 570  
Eugene, Oregon 97401  
(458) 205-7070



 PeaceHealth Medical Group

### Behavioral Health Young Adult Services



Investing in the Health and Wellbeing of Young Adults

Early Assessment and Support Alliance (EASA)  
&  
Young Adult Hub

Information for Referees

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### EASA - Early Assessment and Support Alliance

- EASA's primary purpose is to identify and treat young people experiencing symptoms of psychosis as early as possible, to stabilize symptoms, build skills, and to successfully transition young people to ongoing supports and services in their community.
- An intensive, two-year transitional program, EASA helps individuals and their families develop the skills and social support they need to successfully achieve their life goals.

#### EASA Eligibility Criteria

- Age 13 to 29, AND
- Has experienced a first episode of psychosis within the last twelve (12) months that is not attributed to a medical or substance related condition, OR
- Is currently experiencing psychosis risk syndrome

### Young Adult Hub

- The Young Adult Hub's primary goal is to close the gap in supports and services for young adults transitioning into adulthood while experiencing mental health and psycho-social challenges.
- The Young Adult Hub is dedicated to serving young adults with mental health conditions who are disengaged, reluctant, or otherwise unlikely to access the traditional mental health system.

#### Hub Eligibility Criteria

- Age 14 to 24, AND
- Current mental health condition, AND
- Chronically involved in state systems of mental health care, AND/OR
- Screened out as inappropriate for EASA, AND
- Unlikely to access mental health services through an outpatient program due to significant barriers