

Want to improve your eating or exercise habits?

Would you like to receive \$175?



Young adults aged 17-20 are invited to participate in *Project Health*, a paid research study. Participants will take part in 6 weeks of group lifestyle coaching sessions or educational videos designed to help young adults address current weight concerns and prevent unhealthy weight gain.



For more information and to see if you're eligible, visit

www.ProjectHealthORI.com