

# CaféWell: Opt In to Earn Employer Rewards

## Opt in to get your rewards!

Follow these steps to opt into CaféWell reporting. When you opt in, your employer receives notification that you completed the health assessment. Don't worry, your employer will not receive your answers.

### How to Opt In

1. Visit PacificSource.com and log into InTouch.
2. Select CaféWell from your InTouch home screen.
3. Once you're in CaféWell, select the drop-down box next to your username at the top right corner of the page.
4. Select **Account**.
5. Select **Privacy Center**.
6. Select **To earn incentives, click Accept**.

7. Scroll to the bottom and click **Accept**.
8. From the left side of the home screen, select **Health Assessment**.
9. Complete the health assessment, if you haven't yet. If you've already completed the health assessment, continue to step 10.
10. Scroll to the bottom of the page and select **Finish**.

### Questions?

If you have questions about CaféWell or the health assessment, call (800) 390-5019, or email [pacificsource@cafewell.com](mailto:pacificsource@cafewell.com). You can also contact the CaféWell support team by clicking Help at the bottom of any CaféWell page, and submit your question via email.

## Your Privacy Is Our Priority

*Your personal health information (PHI) is protected by the Health Insurance Portability and Accountability Act (HIPAA) and will be safeguarded. Any use of your PHI is covered by PacificSource Health Plans Notice of Privacy Practices. Only your participation will be reported to your employer for reward redemption.*

