**Integrative Practicum**

*OCNE Clinical Goals & Reflections*

# Student: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Instructor: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Site: \_\_\_\_\_\_\_\_\_\_

# Directions: Complete goals for 5 competencies by Day 4 of your clinical experience and goals for the remaining competencies by Day 7 of your clinical experience. You will identify a minimum of 2 goals per competency. These goals will be updated/added to as the term progresses.

# 1: A competent nurse’s personal and professional actions are based on a set of shared core nursing values. (ANA Code of Ethics, Integration Ethical Principles/Frameworks, Interpret/ Respond to dilemmas, Reflection)

# Goal:

**Goal:**

# 2: A competent Nurse Develops Insight through Reflection, Self Analysis and Self-Care. (Reflective process, Self-Analysis of personal and professional behaviors, Self Renewal)

# Goal:

**Goal:**

# 3: A competent nurse engages in self-directed learning. (Attitudes toward learning, Active learning, Use of Technology)

# Goal:

**Goal:**

**4:** A competent Nurse Demonstrates Leadership in Nursing/Healthcare. (Leadership development and evaluation, Supervision, Delegation, Change Management, Prioritization)

# Goal:

**Goal:**

# 5: A competent nurse collaborates as part of a health care team. (Teamwork, Use of feedback, Collegial development)

# Goal:

**Goal:**

**6:** A competent Nurse Practice Within, Utilizes & Contributes to Broader HealthCare System. (Networks, System Resource Management, Data, Regulations, Access to Care, Referrals, Discharge planning, Policy Decision-making Processes)

# Goal:

**Goal:**

# 7: A competent nurse practices relationship-centered care. (Readiness for Relationships, Relationship Development, Caring, Patient advocate, Adaptation for Uniqueness)

# Goal:

**Goal:**

# 8: A competent nurse communicates effectively. (Therapeutic Communication Skills, Accurate Communication in Health Care Team, Providing Health Teaching and Information, Impact of Culture and variations)

# Goal:

**Goal:**

**9:** A competent nurse makes sound clinical judgments. (Focused Observation, prioritization, skills proficiency, providing safe care, organization, adapting interventions to changing interventions – many of these are evidenced in clinical prep)

# Goal:

**Goal:**

**10:** A competent nurse uses the best available evidence. (Access information sources, Evaluation of Evidence, Use of evidence in clinical judgment)

# Goal:

**Goal:**

**Reflect on your clinical experience after each group of days as outlined below. Unlike previous terms, these reflections do not need to relate to a specific program competency.**

**Day 1-4:**

**Day 5-8:**

**Day 9-14:**

**Day 15-19:**

**Reflect on your clinical experience and your personal/professional growth toward becoming an RN.** Reflections should include a description of your overall experience or a specific clinical situation, including your thoughts and feelings about the situation. Example situations include significant clinical events, an interesting situation or interaction, something you missed or felt you could have done better. Then, reflect on the situation including comparing your actions to best practice if indicated, identify what factors influenced your opinion or nursing decisions/practice at the time (including what got in your way of doing a better job) and identify what intentions motivated your actions. Finally, identify what you gained from this experience/situation and how this knowledge will change your future practice, e.g. what you “feel good about” in this situation and what you “still need to work on”in order to become the nurse that you wish to be.

**Reflective Summary:**

**Day 20-26**

**Strengths**:

**Areas for growth**:

**Rotations: Absent: Final Grade:**

**Student: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Date: \_\_\_\_\_\_\_\_\_\_**

**Clinical Instructor: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Date: \_\_\_\_\_\_\_\_\_\_**