

General Resource List – Last Updated 2014

Emergency Shelters

Women space	800-281-2800/541-485-6513
First Place Family Center.....	541-342-7728
Eugene Mission...1542 W. 1 st Ave.....	541-344-3251
Shelter Care Family Housing	541-689-7156
Shelter Care Brethren Housing	541-726-8125

Medical Resources

Sacred Heart, 1255 Hilyard	541-686-6931
3333 River Bend.....	541-222-7300
Peace Health Urgent Care.....	541-222-6005
Cottage Grove Community Hosp.	541-942-0511
White Bird Medical Clinic.....	541-484-4800
Community Health Centers.....	541-682-3550
Volunteers in Medicine.....	541-685-1800
White Bird Dental	541-344-8302
Planned Parenthood	541-344-9411
UO Health Center (UO students)	541-346-2770
Lane Health Center (LCC students)	541-463-5665
Poison Center.....	800-222-1222
Lane County Public Health	541-682-4041
4J Based Health Centers	541-790-7216
Churchill Medical	541-790-5227
Dental	541-790-5181
North Eugene High School	541-790-4445
Sheldon High School	541-790-6644
South Eugene High School	541-790-8020
Springfield Schools Health Center.....	541-682-3550

Meals on Site

Hope House	6th and C St. Springfield, Sat. 4-6pm
The Dining Room	270 W 8th Eugene M-TH 4-6 pm
Looking Glass New Roads	541-686-4310
Washington/Jefferson	Sat. 12-2 pm Rain or Shine
Eugene Mission.....	541-344-3251
Eugene Service Station	541-461-8688
St. Mary's Church Breakfast.....	541-343-9253
Senior Meals & Meals-On-Wheels.....	541-682-4038
Summer Food Program.....	541-343-2822

Housing

Lane County Housing (Section8)	541-682-3755
Neighborhood Economic Development Co....	541-345-7106
St. John Bosco House	541-607-2005
Rental Board	541-682-8282
Catholic Community Services Center	541-345-3642

Food Boxes

Creswell Food Bank.....	541-870-2252
Dexter Food Pantry	541-937-4229
Daily Bread.....	541-344-3380ext.32
F.I.S.H (Food and Prescription)	541-689-9750
Florence Food Share	541-997-9110
Food for Lane County.....	541-343-2822
Garcia Service Center/Love Project	541-935-2262
God's Store House-Harrisburg	541-995-8403
Junction City Local Aid	541-998-3992
Oakridge Food Box.....	541-782-2192
Pleasant Hill Community Services center.....	541-746-1750
Triangle Food Box	541-925-3112/541-925-3090
Community Sharing	541-942-2176

Household Goods

First Christian Church Helping Hands Room ..	541-344-1425
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Weatherization Services

Blachly Lane Electric Cooperative	541-688-8711
Central Lincoln People's Utility District	888-883-9879
Emerald People's Utility District.....	541-744-7453
Energy Trust of Oregon	866-368-7878
Housing & Community Services Agency	541-682-3999
Lane Electric Cooperative.....	541-484-1151
Springfield Utility Board	541-744-3760

Services for Children

Parenting Now! (Birth to three)	541-485-5211
Hosea Youth Services	541-344-5583
Committed Partners for Youth/BBBS	541-344-0833
Head Start	541-747-2425
Looking Glass Youth and Family	541-689-3111
Family Relief Nursery	541-343-9706
The Child Center	541-726-1465
EC Cares.....	541-346-2578
CASA	541-984-3132
Kid's First	541-682-3938
Jasper Mountain (3-13 yrs. old crisis bed).....	541-747-1235
Ophelia's' Place	541-248-4333
Young Fathers Program	541-345-3628 ext.312
Child Abuse Hotline and SCF, DHS.....	541-686-7557
Safe Center	541-741-7402

Child Care

Eugene Creative Care (after school 5-12yrs) ..	541-683-7291
Lane Family Connections.....	541-463-3954

Help Lines

Women space.....	800-281-2800/541-485-6513
SASS.....	800-788-4727/541-343-7277
White Bird	800-422-7558/541-687-4000
Looking Glass.....	541-689-3111
UO Crisis Line.....	541-346-3227
LifeNet (SA, MH hotline).....	1-800-543-3638
National Suicide helpline.....	1-800-784-2433
Lifeline.....	1-800-273-8255
CAHOOTS.....	541-682-5111
Prevention Lane	541-682-3928

Drop-in Centers

LCC Women's Center	541-463-5353
Sexual Assault Support Services	541-343-7277
591 W. 19th Ave. Eugene, 9-4 M-F	
UO Women's Center (Students Only).....	541-346-4095

Counseling

Center for Community Counseling	541-344-0620
Center for Family Development	541-342-8437
Center for Family Therapy.....	541-346-0923
Healing Hearts Program	541-954-8501
Looking Glass Counseling –Eugene.....	541-484-4428
Options (Sliding Scale \$10-40).....	541-687-6983
White Bird Counseling.....	541-342-8255
South Lane Mental Health.....	541-942-2850
Cottage Grove Counseling Clinic	541-942-8060
Directions Services Counseling Center	541-344-7303
Northwest Christian University	541-349-7471

Domestic Violence Resources

Lock-Out Crime Project	541-726-2323
Women space.....	1-800-281-2800/ 541-485-6513
Women space Advocacy Center.....	541-484-6103
Women space- Cottage Grove	541-767-3879

Women space- Junction City..... 541-998-3799
Women space- Oakridge..... 541-782-2877
Siuslaw Outreach Services/Florence..... 877-997-3647
Crime Victim's Services..... 541-682-4523
(Restraining orders courthouse)
SAWERA (Portland South Asian Program) .. 1-503-778-7386
New Options (Portland, Sex Industry)..... 1-503-234-3400
Choices..... 1-503-239-7597
National DV Hotline 1-800-799-7233

Substance Abuse

Alcoholics Anonymous..... 541-342-4113
Narcotics Anonymous..... 541-729-0080
Alanon..... 541-741-2841/ 541-343-1104
Buckley House..... 541-343-6512
Chrysalis..... 541-683-1641
Oregon Partnership Drug &Alcohol Hotline... 800-923-4357
Serenity Lane 541-687-1110
Emergence 800-605-3423
Willamette Family Treatment..... 541-343-2993
Oregon Tobacco Quit line 800-784-8669
Problem Gambling 800-695-4648

Police Non-Emergency Numbers

Eugene Police..... 541-682-5111
Springfield Police 541-726-3714
Junction City Police 541-998-1245

Legal Services

American Civil Liberties Union (ACLU 541-345-6162
Amigos Multicultural Services Center..... 541-746-6022
Lane County Circuit Court(Restraining Orders)541-682-4020
Custody Referee 541-682-4201
District Attorney 541-682-4261
Family Court Assistance Office..... 541-682-4302
Lane County Law and Advocacy Cent 541-485-1017
Legal Aid & Domestic Violence Clinic..... 541-342-6056
Victim Services..... 541-682-4523
Oregon Lawyer Services..... 800-452-7636
Tel-law 800-452-4776
VINE (Victim Notification).....877-OR-4-VINE
Access the Law..... 541-686-4890

Batterer Intervention Programs

Christian as Family Advocates (CAFA)..... 541-686-6000
Choices..... 541-343-7643
Options 541-687-6983
McKenzie Counseling..... 541-255-7951/541-521-35085

Ex-Offender Services

Sponsors Inc..... 541-485-8341

Senior and Mental Health Resources

Senior and Disabled Services 541-682-4038
Gerontology Institute, Cottage Grove 541-682-7800
Peace Health-Center for Senior Health..... 541-687-6234
Lane County Mental Health 541-682-3608
White Bird..... 541-342-4357
South Lane Mental Health (CG) 541-942-2850
Oregon Family Support Network 541-342-2876
Laurel Hill Center 541-485-6340

Services for People with Disabilities

Accessibility Northwest-Sign Language 541-334-0137
Directions Services (Children) 541-686-5060
Full Access Brokerage 541-284-5070
ARC of Lane County /Respite Referral 541-343-5256
Lane Independent Living Alliance 541-607-7020
Lane County Dev. Disability 541-682-3695

Laurel Hill Center..... 541-485-6340

Specialized Transportation

Express Care Mobility..... 541-726-2010
Special Care Transport 541-954-8160
Budget Taxi Van..... 541-683-8294
Ride source..... 541-682-5566

Telephone and Mail Resources

St. Vincent- Eugene Service Station..... 541-687-5820
White Bird-Info line..... 800-422-7558
Oregon Telephone Assistance Program 800-848-4442
Oregon SafeNet..... 800-723-3638

Financial Assistance

Department of Human Services (DHS)
Eugene on Chad Drive..... 541-686-7878
West Eugene..... 541-686-7722
Springfield..... 541-726-3525
Cottage Grove..... 541-942-9186
Oregon telephone assistance program 800-848-4442
Consumer Credit Counseling..... 541-342-4459

Gay and Lesbian Resources

LGBTQ Alliance 541-346-3360
Parents Families & Friends of Lesbians/Gays 541-302-4422
DV Counseling for G,T,Q Men 888-743-5754

Native American Community

Confederated Tribes of the Siletz..... 541-484-4234
Lower Umpqua and Siuslaw Indians..... 541-744-1334

Latino Community

Centro Latino Americano-Eugene 541-687-2667
Energy Sharing Cottage Grove Area 541-942-2176
Options Latino Men's DV Program 541-687-6983

Jewish Community

Jewish Family Services/Jewish Federation 541-484-2541

Veteran Resources

Helpline 855-vet-talk
Eugene Vet Center 541-465-6918
Help for Houseless Veterans 877-424-3838
Veteran Crisis Line..... 800-273-8255

Animal Resources

Stop Pet Overpopulation Today (SPOT) 541-485-7768
Willamette Animal Guild (WAG)..... 541-345-3566
Pro-Bone-O..... 541-607-8089
Community Veterinary Center 541-636-3324
Greenhill humane Society, SPCA 541-689-1503
1st. Street Shelter..... 541-844-1777
Lane County Animal Services 541-682-3645

Employment & Job Search

Lane Workforce Partnership 541-686-7601
LCC Career and Employment Services..... 541-463-5167
Experience Works-Oregon 877-779-7905
Goodwill Industries 541-345-1801
Next Step Recycling..... 541-686-2366
Northwest Youth Corps 541-349-5055
SVDP-Employment Services 541-607-0439

Multiple Resources

Catholic Community Services..... 541-345-3628
St. Vincent De Paul 541-687-5820
Salvation Army 541-343-3328/ 541-747-6229
Numerous Resources 211.Org