

The Massage Program at Lane Community College will prepare you to test for licensure and begin a career as a Licensed Massage Therapist. This requires that students spend significant time outside of classes studying sciences, developing and reflecting on interpersonal skills, and practicing hands-on techniques. This six-term course plan is designed to give students the time to integrate classroom experiences and grow as practitioners so that they are confident, well-rounded, and proficient entry-level therapists.

TERM ONE:

Introduction to Communications	30 hours
Massage I.....	35 hours
Anatomy/Physiology/Pathology I	30 hours

TERM TWO:

Introduction to Palpation – Upper Body.....	35 hours
Massage II.....	35 hours
Anatomy/Physiology/Pathology II	30 hours

TERM THREE:

Introduction to Palpation – Lower Body	35 hours
Massage III	35 hours
Anatomy/Physiology/Pathology III.....	30 hours
Introduction to Acupressure	30 hours

TERM FOUR:

Law and Ethics.....	20 hours
Massage IV	35 hours
Anatomy/Physiology/Pathology IV.....	30 hours
Introduction to Community Massage.....	30 hours

TERM FIVE:

Massage V	30 hours
Anatomy/Physiology/Pathology V	30 hours
Kinesiology – Upper Body	30 hours
Advanced Massage Techniques	35 hours

TERM SIX:

Professional Practices	30 hours
Kinesiology – Lower Body.....	30 hours
Student Clinic	<i>variable</i>
Elective.....	<i>variable</i>