



SIX-TERM PLAN (Fall 2019)

The Massage Therapy Program at Lane Community College prepares students to test for and begin a career as a Licensed Massage Therapist. To be successful, students must spend considerable time outside of classes studying sciences, developing and reflecting on interpersonal skills, and practicing hands-on techniques. This six-term plan for completion gives students the time to integrate classroom experiences and grow as practitioners so that they are confident, well-rounded, and proficient entry-level therapists.

TERM ONE:

Massage 1	35 hours
Anatomy/Physiology/Pathology 1	30 hours
Introduction to Laws, Ethics & Communication	15 hours

TERM TWO:

Massage 2	35 hours
Anatomy/Physiology/Pathology 2	30 hours
Introduction to Kinesiology: Upper Body	35 hours

TERM THREE:

Massage 3	35 hours
Anatomy/Physiology/Pathology 3	30 hours
Introduction to Kinesiology: Lower Body	35 hours
Introduction to Acupressure.....	30 hours

TERM FOUR:

Massage 4 (formerly Community Massage).....	35 hours
Anatomy/Physiology/Pathology 4	30 hours
Kinesiology: Upper Body	30 hours
Applied Laws, Ethics & Communication.....	15 hours

TERM FIVE:

Massage 5 (formerly Massage 4)	35 hours
Anatomy/Physiology/Pathology 5	30 hours
Kinesiology: Lower Body.....	30 hours
Advanced Massage Techniques.....	35 hours

TERM SIX:

Massage 6	35 hours
Business Laws, Ethics & Communication	15 hours
Professional Practices.....	30 hours
Student Clinic	45 hours