

**Integrative Practicum  
OCNE Clinical Goals and Reflections**

**Student:** \_\_\_\_\_ **Instructor:** \_\_\_\_\_ **Site/Unit:** \_\_\_\_\_

**Directions:**

- At the beginning of the term the student will complete 1 goal for each of the 10 competencies.
  - It is expected that the student will have completed at least **1 goal for 5 of the competencies by Day 4** of their clinical experience and **1 goal for each of the 5 remaining competencies by Day 7** of their clinical experience.
  - **At midterm the student will complete an additional goal for each of the 10 competencies.**
  - Students will identify a minimum of 2 goals per competency. These goals will be updated/added to as the term progresses.
  - The student will complete a reflection after each group of clinical days. See instructions at the end of the document.
1. A competent nurse bases personal and professional actions on a set of shared core nursing values. (ANA Code of Ethics, integration of ethical principles/frameworks, interpret/respond to dilemmas, reflection)
  2. A competent nurse uses reflection, self-analysis and self-care to develop insight. (Reflective process, self-analysis of personal and professional behaviors, self-renewal)
  3. A competent nurse engages in intentional learning. (Attitudes toward learning, active learning, use of technology)
  4. A competent nurse demonstrates leadership in nursing and healthcare. (Leadership development and evaluation, supervision, delegation, change management, prioritization)
  5. A competent nurse collaborates as part of a health care team. (Teamwork, use of feedback, collegial development)
  6. A competent nurse practices within, utilizes and contributes to the broader health-care system. (Resource management, data regulations, access to care, referrals, discharge planning, policy decision-making processes)
  7. A competent nurse practices relationship-centered care. (Readiness for relationships, relationship development, caring, patient advocate, adaptation for uniqueness)
  8. A competent nurse communicates effectively. (Therapeutic communications skills, accurate communication in health care team, providing health teaching and information, impact of culture and variations)
  9. A competent nurse makes sound clinical judgments. (Focused observation, collecting and analyzing patient data, prioritization, organization, skills proficiency, providing safe care, adapting interventions to different situations)

10. A competent nurse, in making practice decisions, locates, evaluates and uses the best available evidence, coupled with a deep understanding of client experience and preferences.

(Access information sources, evaluation of evidence, use of evidence in clinical judgment)

**Reflect on your clinical experience after each group of days as outlined below. Unlike previous terms, these reflections do not need to relate to a specific program competency. For those doing 12hr shifts, use the days in parentheses as your guide.**

**Day 1-4 (1-2):**

**Day 5-9 (3-7):**

**Day 10-14 (8-12):**

**Day 15-19 (9-13):**

**Reflect on your clinical experience and your personal/professional growth toward becoming an RN.**

Reflections should include a description of your overall experience or a specific clinical situation, including your thoughts and feelings about the situation. Example situations include significant clinical events, an interesting situation or interaction, something you missed or felt you could have done better. Then, reflect on the situation including comparing your actions to best practice if indicated, identify what factors influenced your opinion or nursing decisions/practice at the time (including what got in your way of doing a better job) and identify what intentions motivated your actions. Finally, identify what you gained from this experience/situation and how this knowledge will change your future practice, e.g. what you “feel good about” in this situation and what you “still need to work on” in order to become the nurse that you wish to be.

**Reflective Summary:**

**Day 20-26 (14-17):**