## Mental Health and Wellness Center (MH&WC) Consent for Treatment

#### **General Information**

At the MHWC we provide mental health and addiction services and referrals to currently enrolled students at no cost. The goal of the MHWC is to provide early intervention assistance to students and offer on-campus services and referrals. The MHWC provides confidential services including mental health and addiction clinical counseling, crisis intervention, and campus outreach, support using technology, education, and prevention.

The MHWC provides services only to enrolled Lane Community College (LCC) students.

In order to make your services with us as effective as possible, we would like to explain a few guidelines:

# **Emergency Information**

Should an emergency arise during non-business hours, you can call Campus Public Safety at 541-463-5555 or 911. The MHWC does not provide afterhours care.

## **Services: Your First Appointment**

During your first visit you will spend time with a clinician discussing your immediate concerns. In some instances, you may be referred to an off-campus service for longer-term intensive therapy or mental health services.

### **Services: Additional Appointments**

If it is mutually decided that additional individual sessions at the MHWC are needed, you will be assigned to a staff member for this purpose. This clinician may or may not be the same person you saw during your initial appointment. Sessions are scheduled for a maximum of 50 minutes. You have the right to ask for a different clinician if you desire. During an early visit with your clinician, you will decide the goals of your work and the approximate length of the counseling contract.

Please note the MHWC may reschedule appointments in the event of a crisis.

#### **Cancellations and No Shows**

A personal commitment is crucial to the success of services. Please attempt to keep all of your scheduled appointments. If you need to cancel, please do so within 48 hours of your scheduled appointment. A series of missed appointments may necessitate referral to an off-campus provider, or same day only appointments.

### Confidentiality

In order for any information discussed in a session to be shared with members of the campus community, or an outside agency, you must sign a written release.

**Exception:** Relevant patient information may be shared with the LCC Health Clinic in order to aid in supportive services. If you would like to opt out of this information exchange, please do so on the client information form.

A clinician's notes and any other written information regarding your contact with the MHWC never becomes part of your college record and are only accessible by MHWC staff, unless necessary as part of crisis intervention.

Your clinician may be supervised by a licensed mental health professional who will review your case to ensure you are receiving proper care. The supervisor is bound by the same laws of confidentiality.

If you or your clinician believe that you or someone else is in danger, your counselor may have to inform the appropriate agencies with or without your consent.

All mental health professionals are mandatory reporters in the state of Oregon. If there is suspicion of current abuse or neglect of a child or a vulnerable adult, your clinician must inform the Department of Human Services with or without your consent.

I understand the above information as it pertains to receiving services from the Mental Health and Wellness Center.

Submitted by (print name)	Phone or email address
Signature	Date

To request this information in an alternate format, please contact the Center for Accessible Resources at (541) 463-5010 or accessibleresources@lanecc.edu