

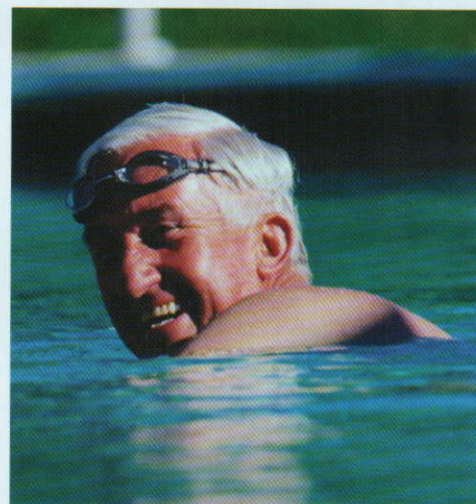
LifeBalance Recreational & Cultural Benefit Program

Have fun and explore something new!

Save money on the things you already enjoy or experience a new adventure – all at a discount to you.

The LifeBalance Program offers thousands of recreational and cultural activities throughout the Northwest. A sampling of our provider network categories includes:

- arts & crafts
- backpacking & hiking
- baseball & softball
- cycling
- dance
- fishing
- fitness & health clubs
- golf
- gymnastics
- martial arts
- massage & spa
- music
- museums
- performing arts
- running, jogging & walking
- skating & skateboarding
- skiing & snowboarding
- swimming
- tennis & racquetball
- weight management
- whitewater rafting & kayaking
- yoga
- youth programs



LifeBalance also offers hundreds of planned member events, including:

- Adventures and outdoor excursions
- Travel and tours
- Theater, music and performing arts events
- Sporting events around the Northwest
- Whitewater rafting on the best Northwest rivers
- Experienced guides to instruct and lead
- Introductory classes to numerous sports and hobbies

Find out more online!

www.LifeBalanceProgram.com

503-234-1375 or 1-888-754-LIFE (5433)