

This curriculum is designed for the student who intends to complete requirements for an Associate of Arts Oregon Transfer degree (AAOT) and transfer to a four-year college or university as a major in dance. A transfer plan is not the same as a state-approved vocational program in which a student earns a degree or certificate with a vocational major issued by the Lane Board of Education.

To prepare for transfer, students work toward the goal of achieving technical proficiency in dance equivalent to that of a third-year (junior) student, while completing the requirements for an AAOT degree. Though the following course of study is a general curriculum designed for the full-time student, part-time students may also use it as a guide. Individual technical progress will vary, but it is recommended that a student take a full year of Modern and Ballet at the appropriate level before moving up to a higher level. This transfer plan is for beginning level students. Dancers with previous training begin at the appropriate technical level in the genre. Group requirements vary with degree goals and prospective college. Students interested in pursuing an associate's or bachelor's degree should see a Music, Dance and Theatre Arts advisor as well as dance program director Bonnie Simoa Reid, for information and advice.

<b>Beginning</b>	<b>Fall</b>
D 177 Modern Dance 1.....	2
D 185 Ballet 1 .....	2
Choice of: .....	2
D169 Musical Theatre	
D 173 African Dance	
D175 Tap Dance	
D184 Hip Hop 1	
D 196 Balinese Dance	
Choice of: .....	2
D 153 Pilates Mat Work 1	
D 154 Pilates Mat Work 2	
D 161 Gyrokinesis	
D 172 Dancing the Fluid Body	
D 183 Body Mind Stretch and Relaxation	
WR 121 Composition: Introduction to Academic Writing ..	4
AAOT Social Science requirement <sup>4</sup> .....	3-4
<b>Total Credits</b>	<b>15-16</b>

	<b>Winter</b>
D 177 Modern Dance 1.....	2
D 185 Ballet 1 .....	2
Choice of: .....	2
D 169 Musical Theatre	
D 173 African Dance	
D 175 Tap Dance	
D 184 Hip Hop 1	
D 196 Balinese Dance	
Choice of:.....	2
D 153 Pilates Mat Work 1	
D 154 Pilates Mat Work 2	
D 161 Gyrokinesis	
D 172 Dancing the Fluid Body	
D 183 Body/Mind Stretch and Relaxation	
D251 Looking at Dance <sup>1,2,3</sup> .....	4
AAOT Health requirement.....	3
<b>Total Credits</b>	<b>15</b>

	<b>Spring</b>
D 177 Modern Dance 1.....	2
D 185 Ballet 1 .....	2
D 257 Dance Improvisation.....	2
Choice of:.....	2
D 153 Pilates Mat Work 1 or	
D 154 Pilates Mat Work 2	
D 176 Fluid Yoga <sup>3</sup>	
D 183 Body Mind Stretch and Relaxation	
D 161 Gyrokinesis	
Choice of:.....	4
WR 122Composition: Argument, Style, and Research*	
WR 227 Technical Report Writing*	
AAOT Oral Communication requirement.....	4
<b>Total Credits</b>	<b>16</b>

# Dance

## Intermediate

	Fall
D 178 Modern Dance 2.....	2
D 186 Ballet 2.....	2
D 160 Dance Composition <sup>3</sup> .....	3
D 188 Jazz Dance 1.....	2
D 256 Body Fundamentals/Body as Knowledge <sup>1,2,3</sup> .....	4
AAOT Social Science requirement <sup>4</sup> .....	3-4

Total Credits 16-17

## Winter

D 178 Modern Dance 2.....	2
D 186 Ballet 2.....	2
D 188 Jazz Dance 1.....	2
D 260 Group Choreography <sup>3</sup> .....	3
Choice of:.....	2
D 153 Pilates Mat Work 1 or	
D 154 Pilates Mat Work 2	
D 161 Gyrokinesis	
D 172 Dancing the Fluid Body	
D 257 Improvisation	
MTH 105 Intro to Contemporary Mathematics*.....	4

Total Credits 15

## Spring

D 178 Modern Dance 2.....	2
D 186 Ballet 2.....	2
D 189 Jazz Dance 2.....	2
D 261 Rehearsal and Performance.....	2
Choice of:.....	2
D 169 Musical Theatre	
D 173 African Dance	
D 175 Tap Dance	
D 176 Fluid Yoga <sup>3</sup>	
Choice of:.....	2
D 153 Pilates Mat Work 1 or	
D 154 Pilates Mat Work 2	
D 161 Gyrokinesis	
D 257 Dance Improvisation	
AAOT Science with lab requirement.....	4

Total Credits 16

## Summer

ED 225 Multiple Intelligence in Motion <sup>3</sup> .....	3
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## Advanced

	Fall
D 179 Modern Dance 3.....	2
D 187 Ballet 3.....	2
D 261 Rehearsal and Performance.....	2
Choice of:.....	2
D 153 Pilates Mat Work 1 or	
D 154 Pilates Mat Work 2	
D 161 Gyrokinesis	
D 172 Dancing the Fluid Body	
D 257 Dance Improvisation	
AAOT Science with lab requirement.....	4
AAOT Social Science requirement <sup>4</sup> .....	3-4

Total Credits 15-16

## Winter

D 179 Modern Dance 3.....	2
D 187 Ballet 3.....	2
D 261 Rehearsal and Performance.....	2
Choice of:.....	2
D 153 Pilates Mat Work 1 or	
D 154 Pilates Mat Work 2	
D 161 Gyrokinesis	
D 176 Dancing the Fluid Body	
D 257 Dance Improvisation	
AAOT Science with lab requirement.....	4
AAOT Arts & Letters requirement (not Dance) <sup>4</sup> .....	3-4

Total Credits 15-16

## Spring

D 179 Modern Dance 3.....	2
D 187 Ballet 3.....	2
D 261 Rehearsal and Performance.....	2
Choice of:.....	2
D 153 Pilates Mat Work 1 or	
D 154 Pilates Mat Work 2	
D 161 Gyrokinesis	
D 176 Fluid Yoga 3	
D 257 Dance Improvisation	
AAOT non-lab science, math, computer sci. requirement.....	3-4
AAOT Social Science requirement <sup>4</sup> .....	3-4

Total Credits 17-19

\* Prerequisite required

- 1 This course satisfies the U of O Dance Department requirement for such a course.
- 2 This course satisfies a U of O Arts and Letters "distribution" requirement.
- 3 Offered only once a year.
- 4 One Social Science or Arts & Letters course needs to meet the AAOT Cultural Literacy requirement