



**2009-2010
Career and Technical
Programs**

**Continuing
Education Division
(541) 463-5911**

**Certificate of
Completion License
Exam Preparation
Program**

**Program approved
by Oregon Board
of Education and
Oregon Board of
Massage Therapists**

Massage Therapy

Purpose To prepare graduates for a career as a licensed massage therapist (LMT) and to qualify students for the licensure exam administered by the Oregon Board of Massage Therapists.

Learning Outcomes The graduate will:

- demonstrate entry-level knowledge and skills in the clinical curriculum content areas of massage therapy
- demonstrate entry-level knowledge of anatomy/physiology, kinesiology and pathology
- demonstrate professional standards, ethics and competence in the massage profession
- develop therapeutic relationships that support health and well-being
- collect and use client information to determine the appropriateness of massage therapy
- develop a treatment plan
- implement the treatment plan
- evaluate the effectiveness of the treatment plan
- maintain documentation
- influence the advancement of the Massage Therapy profession
- promote the benefits of Massage Therapy to the public

Employment Trends This occupation is expected to grow much faster than the statewide average. Total job openings are projected to be at about the statewide average. Reasonable, but limited, employment opportunities exist. Most Licensed Massage Therapists are self-employed.

Wages Average hourly wages statewide are \$25.58, or \$53,197 annually for full-time work.

Program costs Cost of tuition and fees to complete the program is \$5,900 (Academic Year 2009 - 10).

Costs in addition to tuition and fees (estimated)

Textbooks	\$500
Personal liability insurance required	\$65
Three professional massages.....	\$150
Miscellaneous supplies.....	\$75

Licensing or other certification exams Upon completion of the required courses, students to apply for Oregon Board of Massage Therapists Licensing Exams.

Prerequisites Students must be at least 18 years of age.

Admission deadline None

Criteria used for admission High school diploma or GED

Program contact (541) 463-5911, e-mail: *calisek@lanecc.edu*

Core Pre-licensing Program	Contact Hours
Term 1	
XLMT 5972 Introduction to Palpation.....	39
XLMT 5979 Anatomy/Physiology 1.....	33
XLMT 5986 Communication from the Heart 1.....	15
Term 2	
XLMT 5980 Anatomy/Physiology/Pathology 2.....	33
XLMT 5973 Massage 1.....	39
XLMT 5988 Basic Energy Awareness.....	20
Term 3	
XLMT 5989 Anatomy/Physiology/Pathology 3.....	33
XLMT 5974 Massage 2.....	39
XLMT 5976 Hydrotherapy.....	30
Term 4	
XLMT 5990 Anatomy/Physiology/Pathology 4.....	33
XLMT 5975 Massage 3.....	39
XLMT 5977 Kinesiology-Lower Body.....	30
XLMT 5981 Law/Ethics.....	20
Term 5	
XLMT 5991 Anatomy/Physiology/Pathology 5.....	33
XLMT 5983 Massage 4.....	39
XLMT 5978 Kinesiology-Upper Body.....	30
XLMT 5982 Professional Practices.....	20
Term 6	
XLMT 5985 Massage Techniques Lab.....	30
XLMT 5984 Community Student Clinic.....	40
XLMT 5987 Communication from the Heart 2.....	15
Total Contact Hours in program.....	
610	

Electives

XLMT 5971 Student Practice Lab 10-40